

Westfield Primary Dining ~ A Recipe for Success

Week 1

Week Commencing: Monday 5 November 2018, Monday 26 November 2018, Monday 17 December 2018, Monday 21 January 2019, Monday 11 February 2019, Monday 11 March, 2019 Monday 1 April 2019

Monday

MEAT FREE MONDAY

Mac 'n' Cheese

Vegetable Stir fry
with noodles

Two Vegetables

Rice Krispie Cake

Tuesday

Chilli Con Carne

Fish Fingers

Vegetable Chilli (v)

Rice/Garlic Bread or
Curly Fries

Two Vegetables

Chocolate Brownies

Wednesday

Roast Chicken

Roast Pork

Cauliflower &
Broccoli Cheese (v)

Roast & Creamed
Potatoes

Two Vegetables

Fruit Steamed
Sponge & Custard

Thursday

Sausage & Mash

Cheese & Potato Pie

Vegetarian
Sausages (v)

Two Vegetables

Homemade Cookies

Friday

Chicken Breast
Goujons

Fish Goujons

Vegetable
Nuggets (v)

Chips or Pasta

Two Vegetables

Assorted Doughnuts

Available Daily: Jacket Potatoes (Except Wednesday) with Cheese, Beans or Tuna Mayo,
Fresh Mixed Salad & Crunchy Salad Sticks
Fruit Yoghurts, Jelly & Fresh Fruit Portions

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Week 2

Week Commencing: Monday 12 November 2018, Monday 3 December 2018, Monday 7 January 2019,
Monday 28 January 2019, Monday 25 February 2019, Tuesday 19 March 2019, Monday 8 April 2019

Monday

Spaghetti & Meatballs

Vegetarian Meatballs (v)

Herbed Diced Potato

Two Vegetables

Fruity Flapjack

Tuesday

Chicken Fajitas
Chunky Beef Pasta

Vegetable Fajita wraps (v)

Mexican Rice

Two Vegetables

Chocolate Shortbread

Wednesday

Roast Chicken

Roast Gammon

Creamy Potato & Leek Bake (v)

Roast & Creamed Potatoes

Two Vegetables

Winter Berry Crumble & Custard

Thursday

Chicken & Leek Pie

Fishcakes

Vegetable Pastie (v)

Potato Wedges

Two Vegetables

Peach Sponge Cake

Friday

Breaded Fish Fillet

Vegetable bites (v)

Cheese & Onion Slice (v)

Chips

Two Vegetables

Iced Sponge

Available Daily: Jacket Potatoes (Except Wednesday) with Cheese, Beans or Tuna Mayo,
Fresh Mixed Salad & Crunchy Salad Sticks
Fruit Yoghurts, Jelly & Fresh Fruit Portions

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Week 3

Week Commencing: Tuesday 20 November 2018, Monday 10 December 2018, Monday 14 January 2019,
Monday 4 February 2019, Monday 4 March 2019, Monday 25 March 2019,

Monday

Pork Sausages
Vegetable Fingers (v)
Mixed Vegetable Frittata (v)
Herbed Diced Potato
Two Vegetables
Butter Shortbread

Tuesday

Chicken Curry
Fish Cake
Sweet Potato Curry (v)
Rice
Two Vegetables
Apple & Oat Bar

Wednesday

Roast Chicken
Roast Gammon
Vegetable Quiche (v)
Roast & Creamed Potatoes
Two Vegetables
Treacle Sponge & Custard

Thursday

Cottage Pie
Pasta Carbonara
Vegetable Pasta Bake (v)
Two Vegetables
Chocolate Chip Banana Bread

Friday

Mixed Pizzas
Fish Fingers
Chips or Pasta
Two Vegetables
Westfield Rocky Road

Available Daily: Jacket Potatoes (Except Wednesday) with Cheese, Beans or Tuna Mayo.
Fresh Mixed Salad, Crunchy Salad Sticks
Fruit Yoghurts, Jelly & Fresh Fruit Portions